

# DIGITAL SUPPORT SESSIONS

**RUTLAND LODGE  
MEDICAL PRACTICE  
TUES 4TH JUNE  
10AM-12PM**

**SHADWELL MEDICAL  
CENTRE  
WED 5TH JUNE  
10AM-12PM**

**LOOKING FOR SUPPORT WITH  
DOWNLOADING AND USING  
THE NHS APP/PATCHS?**

**JOIN US FOR A  
FREE DIGITAL  
DROP-IN  
SESSION!**

**OAKWOOD SURGERY  
TUES 11TH JUNE  
10AM-12PM**

**CARLTON GARDENS  
SURGERY  
WED 12TH JUNE  
10AM-12PM**



**PLEASE BRING A FORM OF ID WITH YOU, E.G. A DRIVING  
LICENSE OR PASSPORT, AS THE NHS APP SOMETIMES  
REQUIRES IDENTITY VERIFICATION**



**Your Back Yard**  
Places to be proud of